



# There's Room for Me Too

*A kit for jealous, green, 'it's not fair' feelings.*

## What's inside

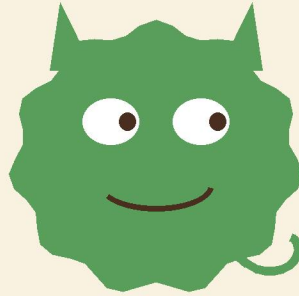
- A 'There's Room for Me Too' poster
- A 'My Good Things' garden page
- An Envy Critter coloring page
- A 'When I Feel Green' feelings page
- A note for grown-ups



There's room for me too.

# There's Room for Me Too

*Print me and hang me where big feelings happen.*



1

## **Spot the green.**

Notice the Envy Critter — a tight tummy, “it’s not fair,” wanting what they have.

2

## **Name the wish.**

Say what you wish you had out loud. Wanting it doesn’t make you bad.

3

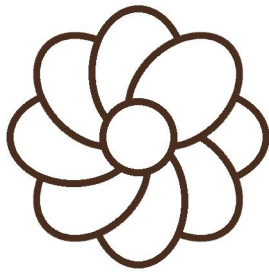
## **Find your good.**

Look for your own good things. There’s room for everyone — including you.

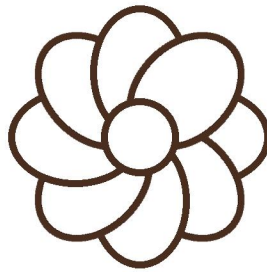
There’s room for me too.

# My Good Things Garden

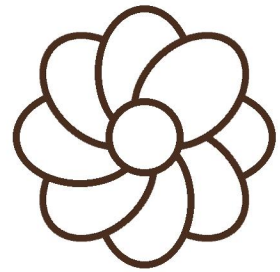
*A garden needs all kinds. Write or draw something good about YOU in each flower.*



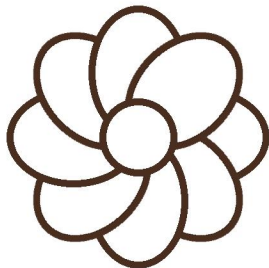
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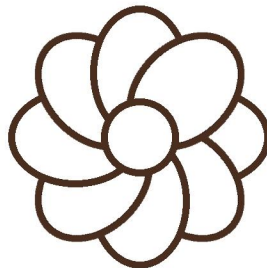
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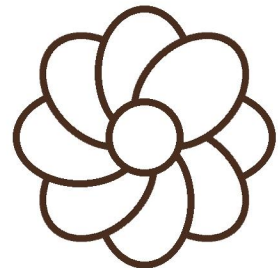
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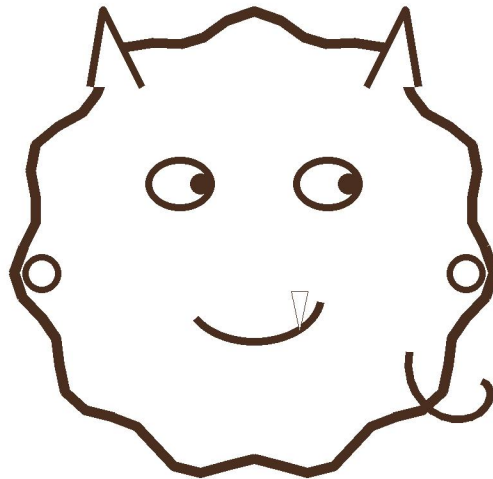


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There's room for me too.

# Colour the Envy Critter

*Colour the green feeling — then let it fade away.*



# When I Feel Green

*Draw your Envy Critter, then finish the sentences.*

**My Envy Critter looks like...**

**I felt green when...**

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**Something good about ME is...**

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There's room for me too.



## For the grown-ups

*the tool: There's room for me too*

Envy is one of the earliest and most uncomfortable feelings — the tight, green “it’s not fair.” It usually isn’t really about the other child; underneath is the fear that there won’t be enough good to go around. Naming the wish helps (“I wish that were mine”), and so does turning attention back to the child’s own good: loving one person doesn’t use up the love, and there’s room for everyone. Notice their good out loud — a family, like a garden, needs all kinds.

*This kit comes from the picture book*

### **Luella Bean and the Envy Critter**



Part of the Luella Bean's Imagination series

Find the whole series — [link in bio](#)